

# Carcinoid Syndrome Doctor Discussion Guide

Carcinoid syndrome and neuroendocrine tumor (NET) are complex and your doctor may recommend different approaches to your care that change over time.

**Ask your doctor the following questions and record the answers below to help you gain a better understanding of your treatment plan and your progress.**

QUESTION	RESPONSE / NOTES
What is the grade or stage of my NETs?	
Where are the tumors located in my body?	
What treatment plan do you recommend at this time for NETs? What can I expect from this treatment?	
Do I have carcinoid syndrome?	
What is the treatment plan for my carcinoid syndrome?	
What can I expect from treatment?	
What are the potential side effect from the medications I am taking?	
Is there anything I can do to prepare for myself for NET or carcinoid syndrome treatment?	

What lifestyle changes should I make to make living with NETs and carcinoid syndrome easier?	
What changes to my diet do you recommend?	
Is there a dietician or nutritionist that you recommend I speak with?	